



SIZE GUIDE CHART

- The size suited to an individual is mainly determined by height. However it will depend on personal preferences such as weight and pick-up.
- Most important thing - Is equipment feel comfortable and dominating your hands?
- Selecting the right length of Hockey stick or Cricket bat is vitally important. Playing with the wrong size of equipment will negatively affect the hitting performance due to the length and mass of the head not being in balance

Note: This is estimated size guide to help you with your selection only to approximate fit. This in no way constitutes an assurance of sizes, nor a measure that may be used in case of dispute. This guide is published as assistance, not an alternative, to actually trying on sizing samples.

CRICKET BAT SIZE GUIDE

Size of bat	Length of bat	Typical height of player	Typical Age
Size 1	27 inches	4ft - 4ft 3in	4-5
Size 2	28 inches	4ft 3in - 4ft 6in	6-7
Size 3	29 inches	4ft 6in - 4ft 9in	8
Size 4	30 inches	4ft 9in - 4ft 11in	9-10
Size 5	31 inches	4ft 11in - 5ft 2in	10-12
Size 6	32 inches	5ft 2in - 5ft 4in	12-13
Harrow	33 inches	5ft 4in - 5ft 8in	13-15
Short Handle	33.5 inches	5ft 8in - 6ft 4in	15+
Long Handle	34.5 inches	6ft 4in +	15+

CRICKET BATTING GLOVES GUIDE

<u>Size of gloves</u>	<u>Typical height of player</u>	<u>Typical Age</u>
Small Boys	Up to 4ft 6in	6 - 8
Boys	4ft 6in - 5ft	9 - 11
Youths	5ft - 5ft 7in	12 - 15
Men	5ft 7in - 6ft 3in	15+
OSM	6ft 3in +	15+

CRICKET BATTING PADS GUIDE

<u>Size of pads</u>	<u>Length Typical</u>	<u>height of player</u>	<u>Typical Age</u>
Small Boys	30 - 32 cm	Up to 4ft 6in	6 - 8
Boys	32 - 35 cm	4ft 6in - 5ft	9 - 11
Youths	36 - 38 cm	5ft - 5ft 7in	12 - 15
Men	39 - 43 cm	5ft 7in - 6ft 3in	15+
Large Men	44 - 48 cm	6ft 3in +	15+

HOCKEY STICKS SIZE GUIDE

<u>Size of Stick</u>	<u>Typical height of player</u>
30 inch	below 4 feet
32 inch	4ft – 4ft 7 inch
34 inch	4ft 7inch – 5ft
36 inch	5ft – 5ft 4 inch
36.5 inch	5ft 4 inch – 6ft 2 inch
37.5 inches	6ft 2 inch – 6ft 5 inch